A COOK S TOUR

Flavours of the Middle East with Sabrina Ghayour Allergens list

Ali Nazik Celery, sulphites, milk

Spiced sirloin steak, strained yogurt, smoked aubergine and pul biber butter

Fish, Okra and Tamarind Stew Fish, sulphites

Fragrantly spiced stew studded with okra and cod in a rich coconut and tamarind sauce

Spiced Freekeh, Tomato & Chickpea Pilaff Cereals containing gluten, milk, celery, sulphites

With caramelised onions and yogurt

Green beans with Tahini Sesame, nuts, sulphites

Preserved Lemon and Pine Nuts

Fig, Rose and Pistachio Millefeuille *Milk*, cereals containing gluten, eggs, nuts, sulphites

Layers of puff pastry filled with a decadent passionfruit and honey cream